

## Barlow Knee Support

"This is the best support I ever used – I recommend it 'Very Highly'."

E.B. - California

Light-weight, non-metal construction allows full range of motion and can be worn comfortably for hours. Patented material insulates, warms and soothes knee joints and it's non-allergenic too.

## How to put on the Barlow Knee Support:

- Hold your Barlow Knee Support with the label at the top. Then slip your foot through and pull The Barlow up over your knee with the padded area over the knee cap. Your new support should fit snugly and comfortably around your knee.
- A good firm tug is sometimes required to pull The Barlow over your calf. Pull The Barlow Knee Support up until it seems a bit too high. When you move your leg The Barlow should slip into the proper, most effective position.

## When to use the Barlow Knee Support:

- Use The Barlow Knee Support anytime you are going to be active.
- When you are sitting for an extended period, either take The Barlow Knee Support off or pull it down off the knee.

## Care and cleaning:

- The Barlow Knee Support can be machine washed in warm water or hand washed.
- After washing, let The Barlow air-dry.