

Holdfast Instructions

Call toll-free if you
have any questions.

(800) 628-4693



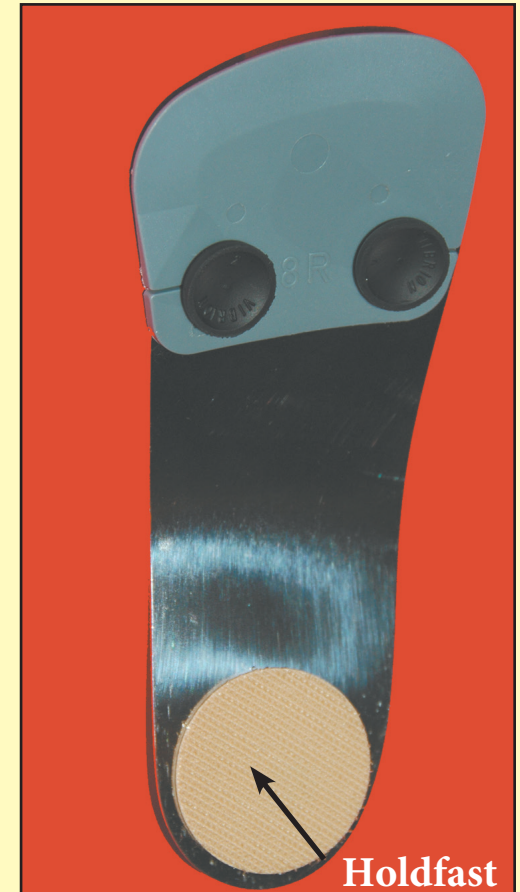
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Use holdfasts if your Feathersprings move in your shoes too much. (Remember, up to 1/4" movement when putting on your shoes is okay.) You should also use holdfasts when wearing open heel shoes or sandals so your Feathersprings stay in place.

How to apply holdfasts.

A quick look and you'll see that holdfasts are made up of two parts. You'll find a holdfast-top with a prickly tan side and a holdfast-bottom with a soft tan side.

1. Apply the prickly holdfast-top to the underside of your Featherspring by removing the backing. Center holdfast-top over the heel area covering the engraved markings and press firmly.
2. Attach the soft holdfast-bottom to the prickly holdfast-top.
3. With the holdfast-bottom attached to the holdfast-top, remove the backing from the holdfast-bottom.
4. Position the Featherspring in your shoe and press down firmly.



You can purchase additional holdfast-bottoms so that you can use your Feathersprings with holdfasts in all your shoes. Call toll-free to order: (800) 628-4693.

How to remove Feathersprings from your shoes with holdfasts applied.

Simply pull up on your Featherspring while firmly holding your shoe. You'll hear a "crackling" sound as the holdfasts separate. The holdfast bottom remains in your shoe.

Note: Sometimes the thin insole liner of shoes can come loose. If this occurs, simply glue in place with any good glue. You can also use glue to reattach holdfasts that come loose.